#### Stability of GutGard<sup>®</sup> in combination with *Lactobacillus acidophilus* and *Bifidobacterium lactis*

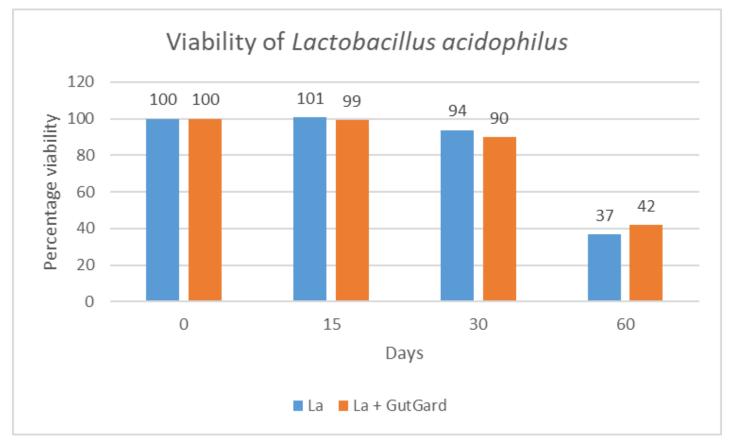
**Natural Remedies Private Limited** 

Bengaluru, India

# Stability of *Lactobacillus acidophilus in* combination with GutGard®

- GutGard<sup>®</sup> (150 mg) was added to *Lactobacillus acidophilus* (1 g) powder and stored at 25°C.
- Compatibility of GutGard<sup>®</sup> with Lactobacillus acidophilus was evaluated by checking the samples for viability, sodium chloride tolerance, acid tolerance and bile tolerance of Lactobacillus acidophilus on days 0, 15, 30 and 60.

### Viability of Lactobacillus acidophilus



- Viability of Lactobacillus acidophilus was not affected on account of addition of GutGard®.
- This indicates, GutGard<sup>®</sup> can be safely combined with *Lactobacillus acidophilus*

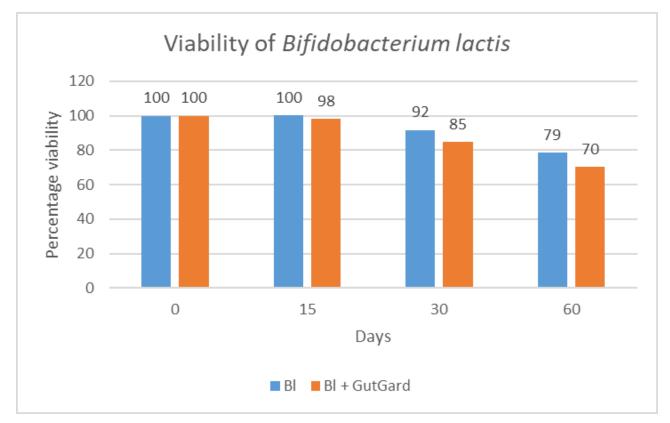
# Probiotic properties of *Lactobacillus acidophilus*

- Lactobacillus acidophilus was found to tolerate
  - 3% sodium chloride
  - pH from 5.5 to 8.5
  - Bile
- The above probiotic properties of Lactobacillus acidophilus were not affected on account of addition of GutGard<sup>®</sup> when tested on days 0, 15, 30, and 60.
- This indicates, GutGard<sup>®</sup> can be safely combined with Lactobacillus acidophilus

# Stability of *Bifidobacterium lactis* in combination with GutGard®

- GutGard<sup>®</sup> (150 mg) was added to *Bifidobacterium lactis* (1 g) powder and stored at 25°C
- Compatibility of GutGard<sup>®</sup> with *Bifidobacterium lactis* was evaluated by checking the samples for viability, sodium chloride tolerance, acid tolerance and bile tolerance of *Bifidobacterium lactis* on days 0, 15, 30 and 60.

#### Viability of Bifidobacterium lactis

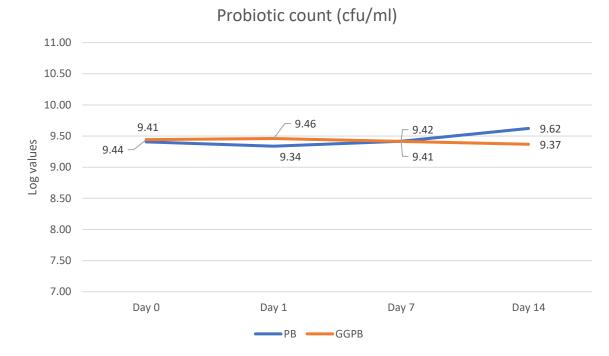


- Viability of Bifidobacterium lactis was not affected on account of addition of GutGard<sup>®</sup>
- This indicates, GutGard<sup>®</sup> can be safely combined with Bifidobacterium lactis

### Probiotic properties of *Bifidobacterium lactis*

- Bifidobacterium lactis was found to tolerate
  - 1% sodium chloride
  - pH from 5.5 to 8.5
  - Bile
- The above probiotic properties of *Bifidobacterium lactis* were not affected on account of addition of GutGard<sup>®</sup> when tested on days 0, 15, 30 and 60.
- This indicates, GutGard<sup>®</sup> can be safely combined with *Bifidobacterium lactis*

# Stability of probiotic bacteria in combination with Gutgard<sup>®</sup>



- Gutgard<sup>®</sup> added to probiotic drink (*Lactobacillus acidophilus*)
- Probiotic count remained at the acceptable level
- This indicates Gutgard<sup>®</sup> is compatible with tested probiotic drink

PB- Probiotic drink ; GGPB- Gutgard + Probiotic drink Asha et al. Journal of Dietary Supplements 2017, 14(3): 323-333.

### Thank You